

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Knox County**

	County Prevalence (%)*	Northeast Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	17.0	20.7	16.9
No Health Coverage	26.7 H	15.4	12.3
B ehavioral Risk Factors			
Physical Inactivity	25.4	25.2	23.0
Current Smoker	23.1	28.2	26.5
Overweight (BMI 25-29.9)	33.0	34.9	35.3
Obese (BMI ≥ 30)	24.7	25.7	23.4
D isease and Conditions			
High Blood Pressure	27.0	29.0	28.5
High Cholesterol (35 years or older)	44.8	39.1	37.3
Asthma	8.8	10.4	10.7
Diabetes	7.7	6.3	7.2
Activity Limitation	14.6	17.8	17.8
C ancer Screening			
<i>Women</i>			
Never had a Mammogram	18.8	17.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	66.3	59.8	49.4
50-64 years of age	44.7	44.1	35.9
65 and older	43.7	57.5	47.4
Never had a Pap Test:			
18-69 years of age	9.1	5.6	5.1
70 and older	8.2	12.6 H	6.4
No Pap Test in Last Year (18-29)	46.5	23.8	25.8
No Pap Test in Last 3 Years (30-69)	17.8	19.0	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	59.7	64.5	57.0
No Blood Stool Test in Last Year	87.6 H	84.9 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	58.7	60.8 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	69.5 H	68.5 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Knox county were obtained by combining data from Knox, Scotland and Clark counties.